

It's Good Enough to Eat

HAVE FUN!



By Amelia Edwards

DISCUSS

Talk through your thoughts.

- What are your favorite fruits and vegetables? What are your least favorite?
- Find the rhyming words in the story.

CREATE

Make an experience of your own.

- With permission, play with your food and make some pictures!

IMAGINE

Use your imagination to explore.

- Take a trip to the grocery store with an adult. Take pictures or draw pictures of fruits and vegetables. Sort the pictures. What makes a fruit? What makes a vegetable?
- Help fix a meal at your house.

EXPLORE

Like this book? Find more:

- *Cooking and Eating: Comparing Past and Present* by Rebecca Rissman
- *From Strawberry to Jam* by Lisa Owings
- *Growing Vegetable Soup* by Lois Ehlhert
- *How Martha Saved Her Parents From Green Beans* by David LaRochele